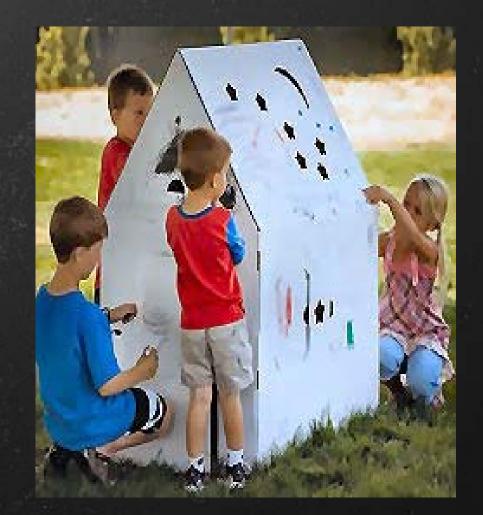
Why Exclusionary Tactics Deserve a Time-out in Early Childhood Settings



Wendy Young, LMSW, BCD <u>www.kidlutions.com</u>





The Clubhouse Rules:

 Nobody act big.
Nobody act small.
Everybody act medium.

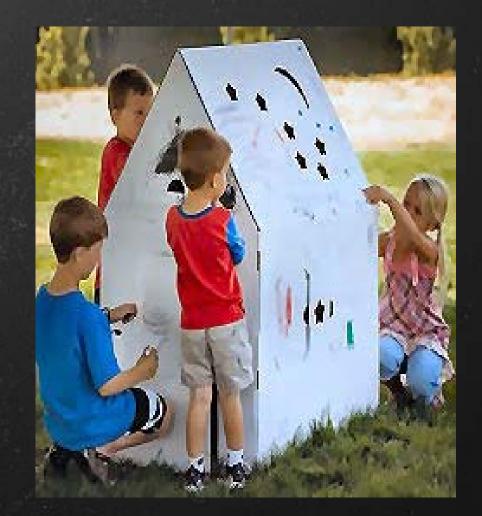
Charles P. Swindoll, Insight for Living





How do we treat the "Youngest Among Us"?





Back to the clubhouse.

We might add: ~Everybody helps everybody. ~Those that need more help get it.



Exclusionary Tactics in Early Childhood Settings

Kids need help:



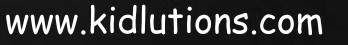
Tying shoes, zipping coats Recognizing colors, shapes, letters







What about: Social Relationships Conflict Management Decision-Making







What do we do when a child has difficulty with learning letters, colors or numbers?





How can I help you? Try again! You almost got it! You're close!











Who Misbehaves?

When?

Why?





The origin of some behavior problems starts here...





The Positive Working Model



The Negative Working Model



Whichever model we operate from has a profound impact on our world view.



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Temperament is another area that has a HUGE impact on behavior.

BUT...

Biology is NOT destiny.







We need to stop reacting and start building a community.

There is much we can do to change outcomes for even the most challenging of children.





Helping kids become successful is highly tied to helping them develop a certain set of skills that is teachable.



She should know better!

There she goes AGAIN!

> `I told her a thousand x's

I give up!



REMEMBER: A child's misbehavior rarely has anything to do with YOU.



The EMOTIONAL part of a child's brain is WAY bigger than the THINKING part of the brain.



Time-out for Exclusionary Tactics

The History of Time-out



First used as a classroom alternative to: ~Embarrassment ~Scolding ~Corporal punishment





Used by caring teachers who wanted other means for dealing with classroom conflicts.





Does time-out really work?



Problem with Traditional Discipline



Punishes children for making mistakes in their behavior.



Punishes children for having problems they are unable to solve.



"Time-outs can confuse young children." L. Katz

Time-out for Exclusionary Tactics







Time-out discourages the individual child and dampens the spirit of all children in the class. ~Clewett



Ingroups and outgroups form.

Time-out for Exclusionary Tactics Breeds Discouragement



No time-out? We'll be encouraging anarchy!





We need to get it right in our hearts and heads, first! <u>www.kidlutions.com</u>

We need to build Heart-Smart Classrooms



Reading 'Riting 'Rithmetic



Classrooms with the FOUR "R's"



RELATIONSHIP the 4th "R"



People learn from people they love.



Find the best in everybody, no matter how long you have to wait for them to show it. *Randy Pausch*





Binoculars





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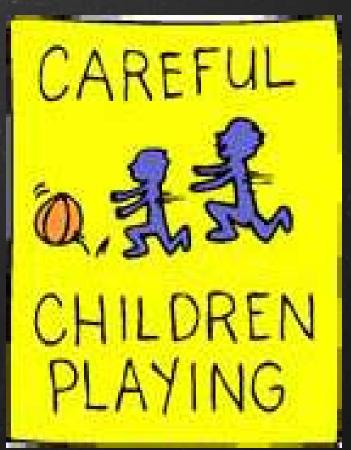
Microscope











What is our role? STOP the behavior? HELP pull the child towards success?

TEACH a better way?



Stopping the behavior works for the short term.













Building well-adjusted individuals requires time.





Behavioral Crises: Danger and Opportunity



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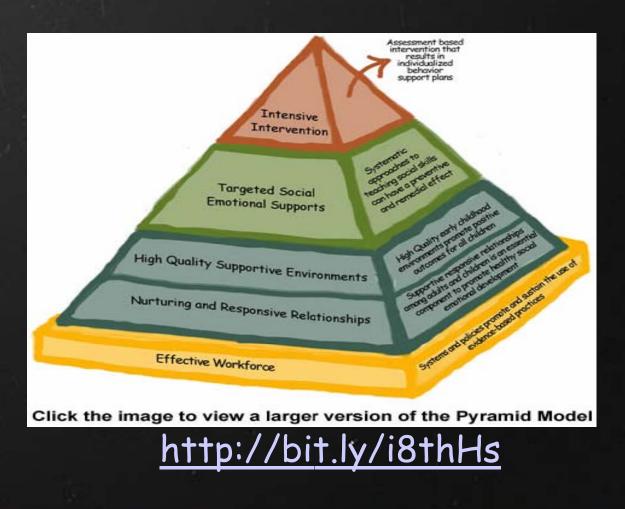
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If we don't use time-out, what can we do instead?





The Teaching Pyramid





Teachers become

GUIDANCE PROFESSIONALS







oveter

The Mittens







Teachers teach

DEMOCRATIC LIFE SKILLS





BUG and a WISH









Teachers build an

ENCOURAGING CLASSROOM





www.kidlutions.com





We all belong. We all contribute. We all matter.



Challenging Behaviors in the Classroom

Center for Social Emotional Foundations for Early Learning

http://csefel.vanderbilt.edu/resources/strategies.html









Challenging Behaviors in the Classroom



Connect with a click:

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Hope to see you there!

